

Competition rules EFCS Games 2019

Discipline:	Track and field
Organiser:	European Federation for Company Sport (EFCS)
Host:	Sportfestival Salzburg
Local host:	Salzburger Leichtathletik-Verband SLV (Salzburg Track and Field Association)
Venue:	ULSZ Rif, Hartmannweg 4–6, A-5400 Hallein
Date of competitions:	27 and 28 June 2019
Tournament director:	Dietmar Kurz (SLV)
Start package:	Messezentrum Salzburg, main entrance, foyer
Age groups:	Class A 18–29 M/W Class B 30–39 M/W Class C 40–49 M/W Class D 50–59 M/W Class E over 59 M/W The year of birth is decisive, not the date of birth!
Events:	Track events: 100m, 200m, 400m, 800m, 1500m, 5000m, 4 x 100m The relay races are not divided into age classes! Field events: Long jump, high jump, shot put, javelin throw TEAM: Each team has 3 members, of which at least one has to be female; all team members must compete in all 4 individual events. There is no division into classes. <i>Events:</i> 100m, 1500m, long jump, shot put <i>Points:</i> Master factors
Weights:	Shot: M: Classes A, B, C: 7.25kg Class D: 6.00kg Class E: 5.00kg W: Classes A, B, C: 4.00kg Classes D, E: 3.00kg Javelin: M: Classes A, B, C: 800g Class D: 700g Class E: 600g W: Classes A, B, C: 600g Classes D, E: 500g

1. Registration terminal / Confirmation / TIC (Technical Information Centre)

When picking up their start package, participants also receive their start cards for all events. Athletes must check and, if necessary, correct them (typos, personal records).

The start cards must be handed in at the registration terminal no later than 60 minutes before the event is to begin; a relay card must include the order in which the runners will start.

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Athletes can already hand in their start cards at the designated registration terminal at the Messezentrum on Wednesday between 9am and 10pm when picking up their start packages. Especially those athletes who are already competing in Rif at 9am on Thursday are urged to do so!

The names of TEAM members must also be finally confirmed at the Messezentrum on Wednesday, otherwise participation will not be possible. Any later changes to the teams will not be accepted!

If a participant does not show up for a discipline for which he/she had handed in his/her start card without officially withdrawing (DNS), he/she will be excluded from further events.

If a participant does not hand in his/her start card or does not hand it in on time, he/she may not participate. The tournament director decides in the event of disputes. Participation is by no means possible if the start lists have already been drawn up!

25. Bauhaus Juniorengala - Michael-Hoffmann-Stadion	
Stellplatzkarte / Start Card / Pass Athlète	
Diese Karte bis spätestens 90 min. vor Wettkampfbeginn am Stellplatz abgeben! Please confirm your entry with this card at least 90 min. before event starts! Veuillez confirmer votre présence avec ce billet au moins 90 min. avant le début de votre compétition!	
Start-Nr. / BIB / Dossard:	685
Name / Name / Nom:	JOHANSSON Axelina
Verein / Club / Club:	Sweden
Nation / Nation / Nationalité:	SWE
Jahrgang / YOB / Année:	2000
Klasse / Class / Catégorie:	Women U20
Disziplin / Event / Epreuve:	Shot Put
Beginn / Starttime / Départ:	23.06.2018 - 16:10
Stellplatzzeit / Registration Closes / Heure limite d'engagement:	23.06.2018 - 14:40
Meldeleistung / Entry Value / Performance:	14,55
SB:	14,55
Status:	Normal
PB:	15,27

Individual start card

25. Bauhaus Juniorengala - Michael-Hoffmann-Stadion	
Staffel - Stellplatzkarte / Relay Start Card / Pass Athlète - relais	
Diese Karte bis spätestens 90 min. vor Wettkampfbeginn am Stellplatz abgeben! Please confirm your entry with this card at least 90 min. before event starts! Veuillez confirmer votre présence avec ce billet au moins 90 min. avant le début de votre course!	
Staffelname / Relay / Nom du Verein / Club / Club:	Great Britain 1 Great Britain
Nation / Nation / Nationalité:	GBR
Klasse / Class / Catégorie:	Men U20
Disziplin / Event / Epreuve:	4x100m 1. Race
Beginn / Starttime / Départ:	23.06.2018 - 18:10
Stellplatzzeit / Registration Closes / Heure limite d'engagement:	23.06.2018 - 16:40
Meldewert / Entry Value / Performance:	39,53
SB:	39,53
Status:	Normal
PB:	
Staffelteilnehmer / Relay members / Membres du relais (Bitte Reihenfolge eintragen! / Please fill in order! / A remplir dans l'ordre ! Merci):	
1	371 ASHWELL Dominic 1999
2	379 DOBSON Charlie 1999
3	380 EFOLOKO Jona 1999
4	383 MILLER Chad 2000

Relay start card

Emergency tel. no. for track & field:

Tournament office at ULSZ Rif: **+43 664 6396589** (Will only be activated as of beginning of June!)

2. Subsequent registrations:

Only possible for participants who are already registered; must be arranged with the tournament director no later than 60 minutes before the start of the event at the registration terminal, if still possible in terms of organisation (for events still open).

3. Meeting place / Call room:

All athletes must assemble in the call room 30 minutes before the start of the event. Officials will check that participants are present and wearing the proper clothing. Any belongings of the participants that are not allowed will be temporarily stored here. Afterwards, a referee will escort the participants to the competition area.

4. Sport implements:

Spikes with a **maximum length of 6mm** are permitted.

Exceptions:

- Javelin throw: **max. 9mm**
- High jump: **max. 9mm**

Participants in a relay race must wear a uniform jersey/t-shirt IWR 143.1.

5. Bib numbers:

Participants are given two bibs, which must be visibly positioned on the **front** and **back** and must remain unchanged (do not fold).

Exception: For high jump, the bib number need only be worn on the front.

6. Advancing from preliminary/intermediate heats:

6.1. Track events:

6.1.1. *Only applies to races up to and including 200m.*

- In all preliminary heats, the tracks are triggered automatically via the system.
- If the number of participants in one running class does not exceed 8, then the preliminary heat is at the same time also the final heat.

- For up to 4 preliminary heats there will be a timed final; in the event of 5 or more preliminary heats, there may be intermediate heats.
 - There are up to 16 or 24 fastest runners (q) in up to 3 intermediate heats.
 - Only the 8 fastest runners (q) from the preliminary or intermediate heats will move on to the final, regardless of their ranking in the respective preliminary heat.
 - The IAAF seeding rules be used for seeding.
- It is possible to withdraw from the next heat at the registration terminal no later than 45 minutes before it is set to start.

6.1.2. *For all other races, there will be timed finals of equal status.*

6.1.3. *Participants may not use their own starting blocks.*

6.2. Field events:

All participants have 3 trials in the preliminary round; the 8 best athletes move on to the final with 3 more trials; these will then take place in the reverse ranking order recorded after the first three rounds of trials.

High jump

Starting heights:

1.00m, 4cm increments, men's classes

0.90m, 4cm increments, women's classes

7. Implements control:

Implements (shot/javelin)

Subject to prior testing, participants may use their own implements in accordance with the International Competition Rules (IWR).

These implements must be handed in for testing at the implements control terminal no later than 90 minutes before the respective discipline is set to begin. The responsible referee will bring the implements to the competition area in good time.

Participants who have brought their own implements must also allow other participants to use them. The person using the implement is then responsible for any damage to it.

8. Starting command:

The starting command will be in English and is:

Up to and including 400m and 4 x 100m relay:

"On your marks" = step up to the starting line

"Set" = take your position

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Fire of the gun = run

For longer distances of 800m and more:

“On your marks” = step up to the starting line

Fire of the gun = run

9. Time allowed for trials

Individual competitions:

Number of remaining athletes	High jump	Other field events
more than 3 athletes	1.0 minute	1.0 minute
2 or 3 athletes	1.5 minutes	1.0 minute
1 athlete	3.0 minutes	--
successive trials	2.0 minutes	2.0 minutes

10. Remaining in the infield and at the facilities:

Only those athletes, judges and officials involved in the respective event are allowed to remain in the infield and at the competition facilities. Practice trials in the various disciplines are only allowed under the supervision of the judges. Participants who violate this rule will receive a warning and may be disqualified. Coaches, assistants and spectators are not allowed to enter the infield and the competition facilities for safety reasons. Violations will result in a warning for the respective athlete or coach/assistant and, in the event of repeat offences, the disqualification of the athlete.

In the event of imminent danger, any official is authorised to take appropriate action.

11. Warm-up area:

In the adjacent area – follow the signposts.

12. Schedule:

As of end of April 2019.

Unavoidable short-term changes on the competition day will be displayed on a notice board and announced over the loudspeaker system.

13. Language used for lists:

The lists will only be printed in English.

The start cards are in German/English/French.

14. Display of lists:

Start lists and result lists will be displayed on the notice board, which will be indicated by signs.

15. Live results:

The live results will be published on **laportal.net**.

16. Prizes / Award ceremony:

The first three places in each competition and each class.

The award ceremonies will take place continuously while other events continue, however not before the official protest deadline has expired.

17. Protest:

30 minutes after the official announcement of the results (start of the 30-minute period during which a protest may be submitted: printing time of the list of results + 5 mins) at the registration terminal (TIC) In the event of a contentious protest, a jury may be summoned, which will, upon payment of a **€50.00** fee at the registration terminal (TIC), convene and make a decision.

18. Referees:

The referees will be announced on each competition day or in advance.

19. Beverages:

There will be a stand providing water at the ULSZ Rif facilities.

20. Liability:

The organiser and host assume no liability for accidents, theft or other damage to belongings, or personal injury.

21. Changing rooms:

In the ULSZ, see signposts.

22. Competition rules / Records:

The international competition rules 2018-2019 of the IAAF (International Association of Athletics Federations) apply. Participants are responsible for reporting their own best times / records / qualifications to the respective national/international federations. The official results announced by the EFCS serve as proof.

23. Legend: (Schedule, start list, list of results)

Heat		=	Preliminary heats
SF	Semi-finals	=	Intermediate heats
F		=	Finals
F		=	Final heats
CAN		=	Cancelled
DNS		=	Did not start = The athlete may not participate in any further events
DNF		=	Did not finish
DQ		=	Disqualified
O		=	Valid trial in high jump
X		=	Failed trial in field events
-		=	Passed trial in field events
r		=	Retired = Retired from competition = The results achieved remain in the overall ranking.
Q		=	Qualified by place
q		=	Qualified by time
NM		=	No valid trial recorded
YC		=	Warning, yellow card
YRC		=	Second warning (second yellow card) = Exclusion from the rest of the competition; results and places already achieved remain in the overall ranking.
RC		=	Disqualification, red card = see YRC

24. Sample start cards:

25. Bauhaus Juniorengala - Michael-Hoffmann-Stadion

Stellplatzkarte / Start Card / Pass Athlète

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Please confirm your entry with this card at least 90 min. before event starts!
Veuillez confirmer votre présence avec ce billet au moins 90 min. avant le début de votre compétition!

Start-Nr. / BIB / Dossard: **685**

Name / Name / Nom: JOHANSSON Axelina

Verein / Club / Club: Sweden

Nation / Nation / Nationalité: SWE

Jahrgang / YOB / Année: 2000

Klasse / Class / Catégorie: **Women U20**

Disziplin / Event / Epreuve: **Shot Put**

Beginn / Starttime / Départ: 23.06.2018 - 16:10

Stellplatzzeit / Registration Closes /
Heure limite d'engagement: **23.06.2018 - 14:40**

Meldeleistung / Entry Value /
Performance: 14,55 Status: Normal

SB: 14,55 PB: 15,27



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25. Bauhaus Juniorengala - Michael-Hoffmann-Stadion

Staffel - Stellplatzkarte / Relay Start Card / Pass Athlète - relais

Diese Karte bis spätestens 90 min. vor Wettkampfbeginn am Stellplatz abgeben!
Please confirm your entry with this card at least 90 min. before event starts!
Veuillez confirmer votre présence avec ce billet au moins 90 min. avant le début de votre course!

Staffelname / Relay / Nom du
Verein / Club / Club: Great Britain 1
Great Britain

Nation / Nation / Nationalité: GBR

Klasse / Class / Catégorie: **Men U20**

Disziplin / Event / Epreuve: **4x100m 1. Race**

Beginn / Starttime / Départ: 23.06.2018 - 18:10

Stellplatzzeit / Registration Closes /
Heure limite d'engagement: **23.06.2018 - 16:40**

Meldewert / Entry Value /
Performance: 39,53 Status: Normal

SB: 39,53 PB: _____

Staffelteilnehmer / Relay members / Membres du relais (Bitte Reihenfolge eintragen! / Please fill in order! /A remplir dans l'ordre ! Merci):

1	371	ASHWELL Dominic	1999
2	379	DOBSON Charlie	1999
3	380	EFOLOKO Jona	1999
4	383	MILLER Chad	2000



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25. Map:



Notes